## **Contemplative Campus Exploratory Group**

Website: https://contemplativecampus.edgewood.edu/

## **Purpose**

The Dominican tradition is characterized as a *Community* that engages in *Study*, *Contemplation* and *Action*. How can we become more intentional and nurture our identity as a contemplative campus--one that brings awareness, insight, and compassion toward self and others to the work we do at Edgewood?

This group designs and facilitates initiatives that will allow faculty, staff and students to explore this question through engaged conversation for discerning and identifying both needs and resources to meet those needs.

Through recognizing, developing, and supporting initiatives, opportunities, and events, we hope to nurture the personal and collective skills of the Edgewood College community for self-awareness and contemplation in order to enhance well-being and support our work in contributing to a more just and compassionate world.

## Plan

Gathering on a regular basis, this group will have thoughtful discussion to discern possibilities that might emerge from our collaborative consideration of needs and resources to meet those needs – both existing resources, and those readily attainable with minimal group effort. Further, the group will possibly lay plans for the development of such activities.

Following the inspiration of the Association for Contemplative Mind in Higher Education, which is committed to the transformation of higher education through the recovery and development of the contemplative dimensions of teaching, learning and knowing, this Exploratory Group aims to recognize, identify, and support tools for helping the Edgewood Community develop a broad culture of contemplation.

"An education that enables and enhances personal introspection and contemplation leads to the realization of our inextricable connection to each other, opening the heart and mind to true community, deeper insight, sustainable living, and a more just society" (Vision, the Center for Contemplative Mind in Society)

## **CCEG Functions**

- Registry/clearinghouse/a directory of resources (persons and otherwise)
  <a href="https://contemplativecampus.edgewood.edu/">https://contemplativecampus.edgewood.edu/</a>
- Leaders of campus-wide initiatives
- Supporters of contemplative practices and initiatives done or led by others

CCEG Core Group Denis Collins Brenda del Moral Christine Melland Ken Syke

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